Morning Prayer Lent ↑

O Lord, open our lips

and our mouth shall proclaim your praise. Hear our voice, O Lord, according to your faithful love, according to your judgement give us life.

Blessed are you, God of compassion and mercy, to you be praise and glory for ever. In the darkness of our sin, your light breaks forth like the dawn and your healing springs up for deliverance. As we rejoice in the gift of your saving help, sustain us with your bountiful Spirit and open our lips to sing your praise. Blessed be God, Father, Son and Holy Spirit. Blessed be God for ever.

The night has passed, and the day lies open before us; let us pray with one heart and mind. *Silence is kept.*

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. **Amen.**

The appointed psalmody is said. Each psalm or group of psalms may end with Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now

and shall be for ever. Amen.

Scripture Reading

Full of compassion and mercy and love is God, the Most High, the Almighty.

- 1 Lord almighty and God of our ancestors, ◆ you who made heaven and earth in all their glory:
- All things tremble with awe at your presence, before your great and mighty power.
- 3 Immeasurable and unsearchable is your promised mercy, ◆ for you are God, Most High.
- 4 You are full of compassion, long-suffering and very merciful, ◆ and you relent at human suffering.
- 5 O God, according to your great goodness, ◆
 you have promised forgiveness for repentance
 to those who have sinned against you.
- 6 The sins I have committed against you ♦ are more in number than the sands of the sea.
- 7 I am not worthy to look up to the height of heaven, because of the multitude of my iniquities.
- 8 And now I bend the knee of my heart before you, ◆ imploring your kindness upon me.
- 9 I have sinned, O God, I have sinned, ◆ and I acknowledge my transgressions.
- 10 Unworthy as I am, you will save me, ◆ according to your great mercy.
- 11 For all the host of heaven sings your praise, ◆ and your glory is for ever and ever.

Manasseh 1a,2,4,6,7a,b,9a,c,11,12,14b,15b

Full of compassion and mercy and love, is God, the Most High, the Almighty.

To you, O Lord, I lift up my soul; O my God, in you I trust. You are the God of my salvation, To you, O Lord, I lift up my soul. In you I hope all the day long. O my God, in you I trust. Remember, Lord, your compassion and love, for they are from everlasting. To you, O Lord, I lift up my soul; O my God, in you I trust.

from Psalm 25

Gospel Canticle Saviour of the World

- Jesus, Saviour of the world, come to us in your mercy: ◆ we look to you to save and help us.
- By your cross and your life laid down,
 you set your people free:
 we look to you to save and help us.
- 3 When they were ready to perish, you saved your disciples: we look to you to come to our help.
- 4 In the greatness of your mercy, loose us from our chains, ◆ forgive the sins of all your people.
- 5 Make yourself known as our Saviour and mighty deliverer; save and help us that we may praise you.
- 6 Come now and dwell with us, Lord Christ Jesus: 🔶

hear our prayer and be with us always.

 And when you come in your glory:
 make us to be one with you and to share the life of your kingdom.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

Prayers

The Collect of the day (here) or the following is said Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord **Amen.**

Trusting in the compassion of God, as our Saviour taught us, so we pray *All* **Our Father in heaven ...** (or)

Trusting in the compassion of God, let us pray with confidence as our Saviour has taught us

All Our Father, who art in heaven ...

May God our Redeemer show us compassion and love.

All Amen.

Let us bless the Lord.

All Thanks be to God.